



### syncro action

turn clockwise to release and anti-clockwise to lock.

the action may be left active for 'dynamic posture'.

the action has a safety feature, when the action is first unlocked, lean against back to start the action.

## tension control

to adjust the tension of the action, turn lever clockwise to increase and anticlockwise to decrease tension.

# seat height

lift lever and use body weight to raise or lower the seat to desired position, release lever to lock

# seat depth

turn lever clockwise to release, use body weight to slide seat into position, turn lever anti-clockwise to lock.

## arm height

lift button on front of arm rest and raise or lower arm rest to the desired height. release button to lock.

#### inflatable lumbar

carefully insert the adaptor into the valve located at the base of the back.

pump balloon until desired support is acheived.

carefully remove adaptor once lumbar support is correct, safely store for future use.

# back height

place hand below the back, gradually lift to desired height. lift to top to allow back to drop to start position.

#### care advice

Please regularly check that your chair's components are complete and in good working order and ensure that the chair is structurally sound and functioning properly.

Plastic components should be wiped with a soft cloth soaked in mild detergent and warm water. Rinse thoroughly and dry with a soft cloth.

In order to maintain the fabric over the five year guarantee period, the upholstery must be cleaned and vacuumed on a regular basis.

Please visit www.verco.co.uk for further information.



